



Stanbridge Earls School – Code of Conduct

- A. No one may enter the water of the swimming pool without a **qualified** Lifesaver/Lifeguard being on the pool side.
- B. Practise emergency evacuation procedures for fire or noxious fumes.
- C. Shower and use toilet before swimming.
- D. **No** - Smoking, eating, chewing and the consumption of alcohol is not permitted in any part of the Facility.
- E. **No** - jewellery to be worn.
- F. Enter pool area in a safe manner.
- G. **No** - Running- walk when not in the pool – dive bombing – ducking – pushing.
- H. Stay in designated areas by ability and avoid impeding other swimmers.
- I. Non-swimmers **MUST** remain in the shallow end and flotation aids must be used by very young, small or inexperienced swimmers.
- J. **No** – more than twenty swimmers to one Lifesaver/Lifeguard in the pool at any one time.
- K. **No** – Jumping in near other swimmers or jumping off the side.
- L. **No** - piggybacking or partner acrobatics.
- M. **No** - balls or inflatable to be used in the pool.
- N. Plain header diving in to minimum of 3M depth, and shallow dive technique in 1.5M depth or less.
- O. Swimmers of all abilities taught to react to hand signal and focus on the personnel / coaching staff.
- P. Safety equipment must be used only to affect rescues.
- Q. Any litter, rubbish etc. Must be placed in the bin located at the pool side.
- R. Whistle signals to be obeyed **IMMEDIATELY**: one blast = pay attention, listen to directions; two blasts = all bathers to leave the pool.
- S. Action regular head counts and have “buddy system” for partner safety.

Action plan

1. The duty Lifesaver/Lifeguard and the person trained to use the spine board are likely to be the only trained persons in the facility. They should therefore request help from the public when necessary, but **NO** member of the public may be asked to supervise the pool.
2. The duty Lifesaver/Lifeguard is in charge immediately an incident occurs. In a medical emergency(s) he remains in charge until more qualified help arrives; either the school nurse, doctor or ambulance crew. In a non medical emergency(s) he remains in charge until the arrival of the Facilities Manager or his deputy
3. Assistance can be summoned using the telephone situated in the Swimming pool. The extension number of the School Nurse and the Facilities manager are 414/456 and 412 respectively. The telephone is barred to all but emergency (999) or internal calls.
4. A life ring, a rope, and a pole are located on each end of the pool.
5. An emergency which prevents the Lifesaver/Lifeguard from visually supervising the pool **MUST** result in the pool being cleared of swimmers. If the emergency is a minor one. Swimmers in the first instant should wait on the poolside for further instruction. In the event



of a major emergency, the Lifesaver/Lifeguard should ask individual swimmers to assist as necessary and should instruct all other swimmers to go to the changing rooms, get dressed and leave the facility in an orderly manner.

6. Lifesaver/Lifeguard to hold in date The RLSS UK National Rescue Award for Swimming Teachers and Coaches or the RLSS UK National Pool Lifeguard Qualification and therefore have basic first aid training and life support skills. All outside hirers should provide their own first aid equipment. During school term time there is always a nurse on duty or on call with a complete range of first aid equipment. Out of term this facility is **NOT** available
7. Aftercare of a non-hospitalised casualty is the responsibility of the pool hirer or in the case of school users, a member of staff.
8. In the event of any major emergency, whether medical or not, the Facilities Manager must be summoned who will deal with Police and Press.
9. All incidents/accidents must be recorded in the Accident Book, which is kept in the lobby entrance to the swimming pool. Incidents/accidents or injuries must be reported by completion of, and returning of, the Accident Form to the Facilities Manager no later than the next working day; all defects must be reported on the day.
10. If more swimmers arrive at the poolside so that the swimmers limit of forty; or more than twenty swimmers per Lifesaver/Lifeguard would be exceeded; the additional swimmers **MUST NOT** be permitted to enter the water
11. The removal of an unconscious casualty requires the minimum of two persons in addition to the Lifesaver/Lifeguard who will be trained in the correct procedure.
12. In the event of disorderly behaviour the session must be stopped and the offenders dealt with firmly and fairly. If the problem persists the Lifesaver/Lifeguard should ask the offender to leave and report the problem to the hirer and the Facilities Manager.
13. In the event of lighting failure after dark the Lifesaver/Lifeguard Must instruct the swimmers to leave the pool immediately. The Lifesaver/Lifeguard must then check the pool with the torch situated next to the spine board at the end of the pool. The Lifesaver/Lifeguard should then telephone the Facilities manager on 01794 529412 (internal extension 412).
14. In the event of fire all persons except the Lifesaver/Lifeguard leave immediately by the fire exit doors. The Lifesaver/Life guard should call the Fire Brigade. Check the changing rooms if this can be done without endangering himself/herself and should be the last to leave. (S)He should prevent further entry until the Fire Brigade gives the all clear.